

## Why the Law of Attraction Works Against You

One of the most important universal laws is "The law of attraction" also termed sowing & reaping and karma by different religions and teachings. The law of attraction simply states, "we get back what we put out" all of life is a vibration (solid objects included). We are constantly vibrating and giving out energy (e-motion) energy in motion. This energy is created by our thoughts (intentions) and feelings (emotions). This energy goes out into the universe and attracts the same type of energy to itself (just like a magnet attracting a piece of metal by unseen forces). This energy is then brought into our physical reality of human experience by events, people, coincidences, synchronicities, well-being, ill health, successes, failures, wealth or lack of etc.

We can all think of specific events in our lives and of those around us when we have seen the law of cause and effect in operation. In reality it is always in operation at all times.

By understanding this fundamental universal law and some of the pitfalls we unknowingly fall into, we can confidently set goals in a more productive and constructive way. Having a greater understanding of how the universe works and the part we play in its creation. We can also make better lifestyle choices and discern, the best way to handle whatever situation we face in our lives.

The secret behind the secret is that the law of attraction works, not just sometimes with some people but all of the time with EVERYONE AND EVERYTHING. All of life is attraction think about it, what isn't.

To make the law work in our lives the way we want it to, we need understand the mechanics of it i.e. what components and ingredients affect the end result which is normally a physical manifestation of one event or another.

Once we know these, we have to understand how to use them to our advantage, this is called "deliberate creation" by Abraham Hicks. Whether it is deliberate or not we are still creating. The way most of us have been brought up creates in us beliefs that mean we do not fully utilize the components of the law of attraction. The fact that you are reading this article is the law at work. The fact that I have written this is the law at work.

Some of the ideas coming out now may seem unreal or so far fetched to you that you do not incorporate them into your life, again the end result will reflect this.

More and more people are looking into this now because of SPEED, yes speed. We want something to happen by a certain time, when it doesn't we begin to look for alternative solutions. Fully understanding and utilizing this law will be the most effective way to bring about the changes you desire.

The 3 areas where people normally want to see big changes in no particular order are

- 1)Money
- 2)Relationships, partners
- 3)Career

Which begs the question, if we get what we think about how come there is such a urgency to make changes, and situations do not improve the way people want to.

There are a few reasons, and for each person the individual components will be different.

All of life is vibration, a physical action and situation is the result of a vibrational match, in order to create the right vibration for what you wish to manifest we need to look at and understand, what effects this vibration in a positive and negative way.

fear will come into it, because they are such a large part of our life we have an element of fear around them, this introduces other components which hold back change.

Repeating the same processes over and over again, not finding a new system to make the change.

Having certain process within your life that actually create the opposite effect to that you want to manifest.

Be positive and Have a love, joy and passion for life and what you do, this will help create a good vibration for you, conversely feeling fearful, negative, depressed will have the opposite effect. Apply this in your thoughts, words and deeds.

### The 3 major attraction components

Spirit -Thoughts, feelings CAUSE (creative source)  $E= mc^2$

Mind - Thoughts, words ELEVATOR (has the power to pass through all areas)  $c^2$

Body -Thoughts Actions EFFECT (end result of the process)  $m$

$E$  = Energy

$C$  = Consciousness or the speed of light 186,000 m/s

$M$  = Mass

In the physical world actions are the most powerful thing, but in ultimate reality it is the least powerful thing as the information above shows.

In the creative realm spirit is the most powerful thing. Everything we see today started with a thought not an action, so everything we want to create in our lives needs to start with a thought, not just any thought, but a thought that will help create that change at speed.

If your finances, relationship and or career are not where you would like them to be. Try and solve the problem by looking within yourself to understand what vibrations your are dialing up to the universe. without neglecting the experts and bodies who can help you the practicals and tangibles of life.

Written by: Roger Millar (Life Coach)

Web: [www.7ask7.com](http://www.7ask7.com)

Tel: +44 (0)20 3287 1769

Mob: 07946 253446

Skype: roger.millar1